

ICP SUPERVISOR REPORT

Supervisor: _____

Candidate: _____

Control Case #: _____

Supervisor Report # (6 months, 1 year, 18 months): _____

Total number of supervisory hours to date: _____

Please evaluate the candidates growing capacity to use psychoanalytic knowledge to formulate an in-depth understanding of their patients, develop certain clinical skills, reflect on the analytic process and communicate their knowledge. Rate the candidates developing competencies on a scale of 1-5, along with a brief written assessment, every six months, until three reports are completed. These competencies often evolve slowly, over the four year process of training. These ratings are intended to help candidates appreciate their progress and growing competency, while also bringing awareness to areas still needing further development. The scale reflects whether the following core competencies are:

- 1 = Not yet evident
- 2= Emerging
- 3= Developing
- 4= Sufficiently developed
- 5= Exceptional

Assessment & Diagnosis:

- ___ Formulates a psychoanalytic understanding of the patient's psychology and unconscious dynamics. Makes appropriate clinical diagnoses and treatment recommendations, considering the patient's history, level of functioning & symptoms, and psychological capacities - both strengths and vulnerabilities.
- ___ Identifies unconscious organizing principles, ways of being, beliefs and patterns. Understands the effects and interplay of various factors such as internal object relations, attachment dynamics, deficits, traumas, phenomena of self experience, central conflicts, and defenses.
- ___ Considers the person in context - including developmental, biological, and socio-cultural influences.

Analytic Listening & Attitude:

- ___ Listens on multiple levels, for multiple meanings.
- ___ Demonstrates an analytic attitude that includes: being empathic, nonjudgmental, curious, open-minded, sufficiently flexible, tolerant of ambiguity/uncertainty/complexity, interested in discovering the truth about the patient's emotional experience, and being respectful of the patient's individuality.

The Treatment - Facilitating a Psychoanalytic Process:

- ___ Frame & working alliance- establishes and maintains a working relationship with the patient, and addresses issues related to handling of fees, use of couch, frequency and time of sessions, communication outside of session.
- ___ Technique- chooses appropriate interventions to facilitate the deepening of a psychoanalytic process, such as: empathic inquiry, interpretation, free association, exploration of fantasies and dreams, clarification, confrontation, following affect, noticing what's avoided, containment, and holding.
- ___ Transference- uses the therapeutic relationship as a central vehicle for understanding and change, and shows the ability to work with positive and negative transference. Understands the differences and inter-relationship between the repetition of old patterns in the transference, the need/hope for new relational experience, and the way experience is co-created in the present by two interacting subjectivities – the patient's and analyst's.
- ___ Countertransference - uses countertransference to facilitate understanding of patients' unconscious processes, demonstrates a capacity to contain reactivity in response to countertransference pressures, and explores how countertransference reactions stem from one's own dynamics and are co-created out of intersubjective experience.
- ___ Resistance- addresses fears and defenses (self protective measures) that interfere with understanding, change, or the analytic process.
- ___ Working through- conducts ongoing work with the patient's unconscious dynamics as they are revealed over time in the transference and extra-transference material.
- ___ Enactments- explores and works through impasses, and considers unconscious factors emerging from both the patient and the analyst.
- ___ Termination- recognizes characteristics that may indicate readiness for termination, and can describe the termination process.

Supervision:

- ___ Supervision- remains open to feedback, and is able to consider alternative interventions and theories.
- ___ Is increasingly able to develop ideas independently, using supervision more for discussion rather than direction.

Evaluating the Process & Outcome:

- ___ Demonstrates the capacity for ongoing self reflection- understands the analyst's contribution to the process, is aware of feelings/fantasies/reactions to the patient, avoids imposing personal agendas on the patient or the treatment, and is able to admit mistakes or misjudgments.

- ___ Uses feedback from the patient- assesses the effects of interventions, noticing what deepens or disrupts the process. Makes adjustments in the wording and timing of interpretations to accord with the patient's readiness.
- ___ Outcome- describes their understanding of what helped the patient (therapeutic action) and what changed in the patient (i.e. new capacities, insights, improved relations, integrated sense of self, etc.). Can assess what has been accomplished and where more work is needed.

Writing:

- ___ Writes clinical case reports that describe the evolution of the analysis, including an understanding of macro and micro processes, important transference themes and countertransference experience.
- ___ Writes clinical case summaries that demonstrate a psychoanalytic understanding of the patient and the process, including an assessment of what changed, or didn't, with efforts to explain why. Demonstrates coherence, without rigidity, between their espoused theory and their understanding and approach.

Ethics:

- ___ Conducts self professionally, with uncompromising commitment to the patient's well-being. Acts with integrity, upholding boundaries and ethical standards. Seeks consultation when needed.
- ___ Protects the patient's confidentiality, privacy and anonymity in all communication.

***Add your own comments** about how the candidate and supervision is progressing:

Date: _____ & Signature of Supervisor: _____

Submit completed documents by email to office@icpla.edu or fax to 310-207-6083.